

CROCEDIMEZZO



ESTATE

## WILDFLOWER HONEY

### - TASTING NOTES -

Our wildflower honey is produced in the woodlands surrounding the estate and is immediately packaged in order to keep its extraordinary nutritional characteristics intact.

Honey contains both glucose and fructose and is therefore a useful component in a daily diet. Glucose is easily digested and can be used quickly by the body whereas fructose is a slow burning source of energy.

This is the reason why honey is often recommended to children, elderly people and athletes.

Another advantage of honey is that it is naturally very sweet - much more so than sugar - which means a small reduction in calories for those who opt to sweeten with honey.

The authenticity of our honey is guaranteed by the estate. This gives our honey an extra value and it is much loved by our clients.

We usually collect it at the end of August and it is available in very small quantities.